

## Forklift Training -Theory-

### Class Size

Maximum 12 students

### Course Length

Minimum 4 hours

### Course Content

The following topics will be covered in this half day course:

- Review of OSHA Regulations
- Identify the parts of Material Handling Equipment
- Review the pre-shift inspection requirements
- Review machine capacity & stability factors
- Overview safe operations practice
- Review safe loading / unloading procedures

Along with these general lessons participants will receive training specific to their work requirements and equipment used on site.

## Forklift Training -Practical-

### Class Size

Maximum 2 students per practical session

### Course Length

Minimum 1 hour per student

### Course Content

Participants are taught the safe use of equipment specific to their job site. Each student will receive a minimum of one hour of training on the lift equipment specific to their current job requirements. Operational training and safe use can be applied to the following types of machinery:

- 3 - 5000 # s/d c/d Lift truck
- 6 - 9000 # s/d c/b Lift truck
- 10,000plus # s/d c/b Lift truck
- Reach Fork
- Side Stacker
- Stock Pickers
- Stock Picker with Guide Wires
- Swing Reach Turret
- Walk Type Forklift
- Power Movers
- Rider Pallet Movers

## Attention Health and Safety Managers

OSHA regulations require that all employees who operate mobile equipment must receive adequate instruction in the safe use of each type of equipment. This instruction includes both classroom and hands-on training.

Lift truck operator training must meet the requirements of the Canadian Standard Association, B335-94 "*Industrial Lift Truck Operator Training*".

WCB has determined the lift truck operator's performance must be assessed at least every 2 years by a qualified supervisor/ employer.

Re-training is necessary if it is determined there are shortcomings in the operator's performance, new equipment is used, or there are significant changes in the operator's job.